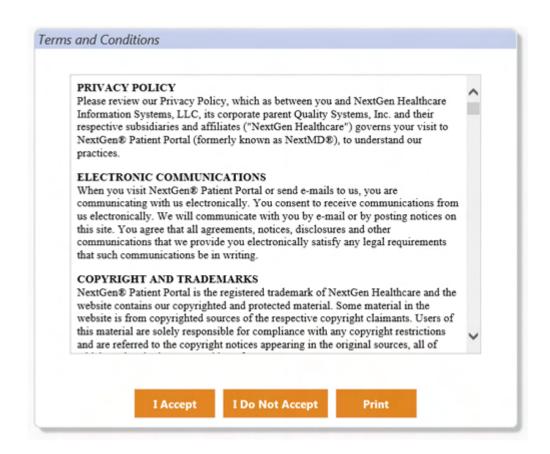


You're about to find out just how easy it can be to communicate with your healthcare provider, schedule appointments, take control of your medical information, and more. Using this quick reference guide, find out how simple it is to start using the Portal. If you have questions about the Portal, please contact your provider's office.

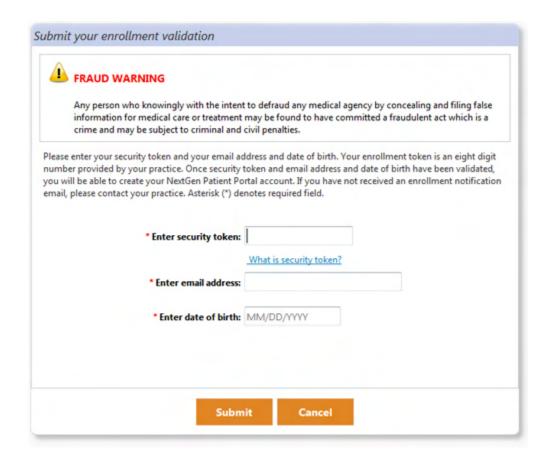
How to Enroll with a Token Provided by Your Practice

To enter the Portal, follow the link from your healthcare provider. Review the Terms and Conditions, then click "I Accept."



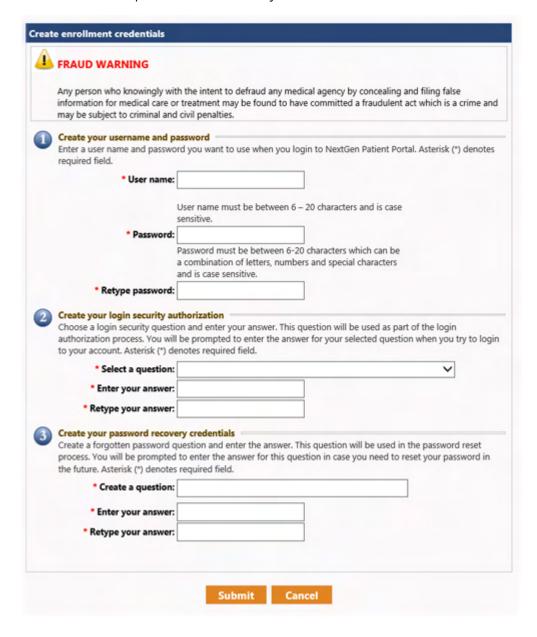
How to Complete Enrollment

Enter the security token provided by our office. Enter your email address and date of birth and click "Submit."



Username and Password

Create your username and password. Create your login security information and password recovery credentials. Click "Submit."



Welcome to the Patient Portal

Now Let's Send a Message

After logging into the portal, select "Mail" (on the top) and then click "Compose Message". Send us a secure message to confirm that you are in the portal and that it is working properly. Click and make entries for:

- Category
- To
- Subject
- Message

Click "Submit" to send the message. Our reply will appear in your Inbox. Thank you!

